Glenwood Area Chamber of Commerce 5 North Vine Street Glenwood, Iowa 51534 www.glenwoodia.com

Kaufman Hall strives to provide a clean and comfortable training environment. However, it is not possible to maintain a training room temperature that is comfortable for every participant. PLEASE dress appropriately and be prepared to adapt to a training room temperature that may be too cold or too warm for some individuals' personal comfort. Thank Youl



Directions from I-80:

Merge onto I-29 S at EXIT 4 toward KANSAS CITY. Travel 14 miles South on I-29S. Take the Glenwood EXIT # 35. Proceed East onto Hwy 34 approximately 4 miles to the Glenwood Exit. Turn left onto 221st Street which becomes Locust Street. Proceed to the first stop light, which is Sharp Street & turn Right. Travel through the downtown square and continue East to Redbud Avenue. Turn Left onto Redbud Avenue. Go one block to Marian Avenue, and take a right turn. Kaufman Hall is located at the top of Marian Avenue at Our Lady of the Holy Rosary Church.

14th Annual Women's Health Symposium



Thursday, March 31, 2016 Kaufman Hall Our Lady of the Holy Rosary 24116 Marian Avenue Glenwood, Iowa 51534

Sponsored By:





REGISTRATION DEADLINE March 24th, 2016 \$10.00 LATE FEE applies after this date. NO REFUNDS after this date.

AGENDA

March 31, 2016:

07:30a – 07:55a Registration & Breakfast ~ Kohll's Pharmacy Medicap Pharmacy Hy-Vee Pharmacy 07:55a - 08:00a Welcome, Steve Baumert, CEO, MJE

08:00a - 08:40a Dr. Thomas R. Brandt, MD

08:40a-09:20a Dr. Michael Zlomke, MD

09:20a - 09:40a Break

09:40a - 10:20a Dr. Jessica Bracken, MD

10:20a – 11:00a Dr. Anh Tran, MD

11:00a-12:00p Denise Jens ~ Police Office

12:00p-12:45p Lunch ~ Catered by Classic Café

12:45p-1:25p Dr. Crystal Seluk, DO

01:25p-02:25p Whitney Larsen, RD, LMNT

Chef Corey Hall, MBBQ

02:25p-02:45p Break

02:45p-04:15p Matt Jones, BA, MLS,

Life-Changing Speaker

04:15p-04:30p Evaluations & Wrap-Up

Planning Committee:

Sheri Bowen, Administrator, Mills County Public Health Michelle Kaufman, MS, R.T. (R,T) Methodist Jennie Ed Ann Pavkov, RN, BSN, Mills County Public Health Tana Saddler, Glenwood Area Chamber of Commerce Amanda Smith, ARNP, FNP-BC Methodist Physicians Clinic Anne Smith, LBSW, Welcome Newcomers Mills County Linda Washburn, Glenwood Area Chamber of Commerce Dr. Thomas R. Brandt, MD "Cardiac Diagnosis & Care" Participants will learn about coronary heart disease in women, identifying risk factors and myths.

Dr. Michael Zlomke, MD: "Breast Health Discussion" Participants will learn risk factors, the basics of hereditary breast cancer, & mammogram guidelines.

Dr. Jessica Bracken, MD: "Managing Pelvic Floor Disorders: Urogynecology & Incontinence"

Participants will be educated on the importance of addressing pelvic floor disorders, identifying pelvic conditions unique to women and treatment options.

Dr. Anh Tran, MD:

"Colorectal Cancer Diagnosis & Care"

Participants will discuss the importance of colon cancer screenings and colorectal diagnoses, interventions, & treatment options.

Denise Jens:

"Protecting Yourself...What to Do in Case of"

The purpose of this program is to provide knowledge & skills to enable participants to manage responses & activate self-defense techniques related to escalating behaviors in the workplace.

Dr. Crystal Seluk, DO "Surgical Thyroid Disease"

Participants will learn about the importance of addressing surgical thyroid disease, the anatomy & function of the thyroid, and diagnosis of nodules & indicators for surgery.

Whitney Larsen, RD,LMNT & Chef Corey Hall, MBBO

"Simple, Healthy Superfoods!" Participants will learn about healthy superfoods & their health benefits to incorporate into patient's & client's diet plans.

Matt Jones, BA, MLS, Life-Changing Speaker: "Caregiving is a Marathon...How to Develop Your Marathon Mentality"

To teach healthcare professionals how to thrive in the changing and uncertain healthcare environment

Registration Fee: \$75 Continuing Education Credit Fee: \$85 (breakfast, lunch and breaks)

Register Early—Seating is Limited

Name
Address ———-
City/State/Zip
Telephone Number
Email Address
Vendor
CEUs (PLEASE circle one) YES (\$85) NO (\$75)
If you are a person with a disability and require a reasonable accommodation, please notify us by 3/1/2016.
This may include the need for an interpreter,
hearing loop, CART or others.
A limited number of scholarships are available to attend the conference. Please request an
application at 712-527-3298.
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Methodist Jennie Edmundson Hospital is an approved provider of Continuing Education provided by Iowa Board of Nursing Provider Number 35 MUST attend full program to receive Continuing Education Units Nursing CEUs: .82 CEU's.

Register and pay online @ www.glenwoodia.com or fill out this form and mail to: Glenwood Area Chamber of Commerce, 5 North Vine Street Glenwood, Iowa 51534

*Please make checks payable to the Glenwood Area Chamber of Commerce.

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