

**Planning Committee:**

**Glenwood Area Chamber of Commerce**

Tana Saddler, Executive Assistant  
Linda Washburn, Executive Director



**Methodist Jennie Edmundson**

Michelle Kaufman, MS, R.T. (R,T)  
Jenene VandenBurg, MS,BSN,RN



**METHODIST  
JENNIE EDMUNDSON**

**Methodist Physicians Clinic Glenwood**

Amanda Smith, APRN, FNP-BC



**Public Health**  
Prevent. Promote. Protect.  
MILLS COUNTY PUBLIC HEALTH

**Mills County Public Health**

Sheri Bowen, Administrator  
Ann Pavkov, RN, BSN

March 22, 2018  
**Women's Health Symposium**  
7:30 am to 4:30 pm



~ Resilience ~



The Charles E. & Florence M. Lakin Community Center strives to provide a clean and comfortable training environment. However, it is not possible to maintain a training room temperature that is comfortable for every participant. Please dress appropriately and be prepared to adapt to a training room that may be too cold or too warm for some individuals' personal comfort.

If you are a person with a disability and require a reasonable accommodation, please notify us by 3/1/2018. This may include the need for an interpreter, hearing loop, CART, or others.

REGISTRATION DEADLINE: March 15th, 2018. \$10.00 LATE FEE applies after this date. No Refunds after this date.

Charles E. & Florence M. Lakin  
Community Center  
61321 315th Street  
Malvern, Iowa 5 1551

Keynote Speaker:  
Barbara Rubel

Our **16th Annual Women's Health Symposium** is designed to provide current information related to various medical conditions, therapies and alternative medical practices related to the interest of women to Registered and Licensed Practical Nurses, Professional Healthcare providers and Business Professionals.

**Continuing Education Unit Award:** Methodist Jennie Edmundson Hospital is an approved provider of continuing education by the Iowa Board of Nursing, provider Number 35, for RNs and LPNs. Attendees must attend the entire activity to receive contact hours.  
**Total number of Continuing Education 7.0.**

**\$75.00 Registration**

**\$85.00 Registration with Continuing Education Credit**

**\$40.00 Vendor Only Fee (NO Continuing Education Credit)**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY/STATE/ZIP:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**Please circle one:**      **CEUs: YES (\$85)**      **NO (\$75)**

**ARE YOU A VENDOR? YES ( if yes, see below)      NO**

**Business Name:** \_\_\_\_\_

**Please complete the top registration form.**

**Vendor Time: 7:30 am to 1:00pm**

**If you are a vendor and would also like Continuing Education Credit, the cost is \$85.00 and you will need to attend the entire day.**

**Doors will open at 6:15 am on the day of the event for set up. Please let us know if you will be joining us for lunch. Once your business is confirmed you will receive an email with additional information as a vendor.**

**Register and pay online @ [www.Glenwoodia.com](http://www.Glenwoodia.com)**

**Or fill out this form and mail to:**

**Glenwood Area Chamber of Commerce**

**5 N. Vine Street, Glenwood, Iowa 51534.**

**\*Please make checks payable to the Glenwood Area Chamber of Commerce.**

## **S y m p o s i u m   S c h e d u l e :**

7:30 -  
7:55 am

### **REGISTRATION & BREAKFAST**

CATERED BY CLASSIC CAFE

7:55 -  
8:00 am

### **WELCOME, STEVE BAUMERT, CEO**

Methodist Jennie Edmundson

8:00 -  
8:50 am

### **DR. ROBERT LINDAU III**

To understand the occurrence of HPV in the head & neck & treatment options.

8:50 -  
9:40 am

### **DR. SUMIT MUKHERJEE**

To understand the utility of interventional bronchoscopic modalities to diagnose, stage, & treat patients with lung cancer.

9:40 -  
10:00 am

### **BREAK AND VENDORS**

10:00 -  
10:30 am

### **RICH WALTER**

To provide information about the more common balance diagnoses.

10:30 -  
11:20 am

### **DR. STACEY BURMEISTER**

Explain the affects of the sun & different complications & treatments.

11:20 -  
12:10 pm

### **DR. JOSEPH AYOUB**

Explain how heart disease affects women & different occurrence of symptoms in men.

12:10 -  
1:00 pm

### **LUNCH**

CATERED BY CLASSIC CAFE

1:00 -  
2:00 pm

### **WHITNEY LARSEN, D,LMNT & CHEF COREY HALL, MBBQ**

Eat Well, Think Well—Brain Health.

2:00 -  
4:30 pm

### **KEYNOTE ~ BARBARA RUBEL**

The FABULOUS Principle suggests eight pathways of self-care to counter compassion fatigue, burnout and vicarious trauma. Designed to increase self-awareness of putting character strengths into practice to improve the ability to manage compassion fatigue and enhance resilience.