

Save the Date for:

~ RESILIENCE ~

**THURSDAY, MARCH 22, 2018
7:30AM TO 4:30PM**

**CHARLES E. & FLORENCE M.
LAKIN COMMUNITY CENTER
61321 315TH STREET
MALVERN, IOWA 51551**

16TH ANNUAL

WOMEN'S HEALTH SYMPOSIUM

Featuring Barbara Rubel, MA, BCETS, a nationally recognized author, speaker, and trainer on increasing self-awareness of skills and strengths that improve the ability to handle job burnout, manage compassion fatigue and enhance resilience.

www.glenwoodia.com for more information